

# CJC-1295 No DAC & Ipamorelin Cycle Protocol

## Protocol Overview

This protocol outlines the use of a CJC-1295 No DAC and Ipamorelin blend at a daily dose of 200 mcg (100 mcg morning and 100 mcg night) for 8 weeks.

## Dosage & Schedule

**Cycle Duration:** 8 weeks

**Daily Dosage:** 100 mcg morning + 100 mcg night = 200 mcg/day total

**Peptide Blend:** 12mg total (6mg CJC-1295 No DAC + 6mg Ipamorelin) per vial

You will use 2 vials total for the 8-week cycle (24mg total).

**Reconstitution:** Add 3 mL of bacteriostatic water to each vial.

**Dose Volume:** 100 mcg of each peptide = 0.1 mL (10 units on an insulin syringe)

**Injection Method:** Subcutaneous (abdomen or thigh), on an empty stomach.

**Supplies & Costs** **Supplies** Checklist (with prices and links):

- **Peptide (2x 12mg blend):** \$85 - <https://peptidecrafters.com/product/cjc-1295-no-dac-ipamorelin-5mg/>

- **BAC Water (30 mL):** \$13.99 - <https://www.amazon.com/dp/B0DN3GXS6K>

- **Drawing Needles (18G, 100-pack):** \$7.99 - <https://www.amazon.com/dp/B09YRGR8F8>

- **Insulin Syringes (100-pack):** \$14.99 - <https://www.amazon.com/dp/B0DFYZY23W>

- **Alcohol Pads (200-pack):** \$5.99 - <https://www.amazon.com/dp/B07F2N14FV>

- **Optional: Empty Sterile Vials (10-pack):** \$12.99 - <https://www.amazon.com/dp/B0D6Y2TF63>

- **Exemestane (AI): 5 packs (100 tabs (25 mg))** \$181 - <https://www.napsgear.org/gp-exemestane-aromasin-p98>

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Required Supplies Total: ~\$321.95

Injection Guidelines - Inject first dose upon waking, second before bed.

- Always use an alcohol pad to clean vial tops and skin.
- Use a drawing needle and syringe to add BAC water into peptide vial. - Use an insulin syringe for injections (subcutaneous only).
- Store reconstituted peptides in the refrigerator.
- Only use Exemestane after you get bloodwork.

**Tutorials Step-by-Step Reconstitution Tutorial:** 1. Wash hands thoroughly and clean surface. 2. Pop plastic cap off the peptide vial, leave rubber stopper intact. 3. Wipe tops of peptide and BAC water vials with alcohol pads. 4. Use 3 mL syringe with 18G needle to draw 3 mL BAC water. 5. Inject water slowly against the wall of the peptide vial to avoid foaming. 6. Gently swirl (do NOT shake) the vial until fully dissolved. 7. Store in fridge and use insulin syringe to draw doses (0.1 mL = 100 mcg of each peptide). **Injection Tutorial:** 1. Draw 0.1 mL into insulin syringe. 2. Pinch fat from lower abdomen or thigh. 3. Inject at 45-90° angle subcutaneously. 4. Dispose of needle. 5. Repeat at night for 2nd dose. General Tips: - Morning dose should be taken fasted. - Wait 30-60 mins before eating. - Night dose 30 mins before bed. - Drink plenty of water and monitor for cramps (taurine may help).