

GENE MANIPULATION & PUBERTY OPTIMIZATION PROTOCOL

DISCLAIMER: The information contained in this guide is provided **solely for educational and informational purposes**.

(FOR ANY QUESTIONS ON THIS PROTOCOL, PLEASE FEEL FREE TO DM ME)

ALL GATEKEPT COST EFFECTIVE SOURCES WILL BE LISTED AT THE END

(All 3rd party tested)

TEST E (300mg per week, split into 150mg doses 2x per week)

RUN TEST E FOR 30 WEEKS

HCG (250iu 3x per week)

(continue 2 weeks after test cycle is finished)

HGH (8iu Daily, 4iu morning, 4iu night)

(Run HGH for 7 months minimum to see benefits)

ARIMIDEX (.5mg EOD split a 1mg pill in half for the dose)

****DO NOT MISS A DOSE TO AVOID REBOUND****

(If you know you will not be consistent, opt for Aromasin instead at 12.5mg EOD)

PCT: NOLVADEX (Wait 14 days after last test injection, and run 40mg daily for the first 2 weeks, and 20mg daily for the last 2 weeks.)

****THE MOST IMPORTANT COMPOUNDS OF THIS CYCLE****

VORINOSTAT (follow the dosing protocol below)

Phase	Duration	Dosage	Purpose
Cycle Weeks 4–12	1 week on / 2 off	200 mg daily (Mon–Fri)	Prime early epigenetic remodeling, satellite cell expansion
Cycle Weeks 16–20	1 week on / 3 off	200 mg daily (Mon–Fri)	Second wave: reinforce adaptive gene expression
Post-Cycle (optional)	4 weeks after PCT	100 mg 3x/week (e.g. M/W/F)	Support long-term transcriptional remodeling

TERIPARATIDE (follow the dosing protocol below)

- 20mcg daily, administered at night thru subQ injection.

****BE EXTREMELY CAUTIOUS WITH THESE COMPOUNDS****

Vorinostat is an HDAC inhibitor that increases **epigenetic activity** by keeping DNA more "open" for gene expression. This helps **turn on genes** involved in bone formation.

Teriparatide is a PTH (parathyroid hormone) analog that **stimulates osteoblasts**, the cells that build bone.

When used together:

- **Vorinostat** makes it easier for bone-building genes to be expressed.
- **Teriparatide** activates the osteoblasts to build bone.
- The combo **boosts osteoblast activity and bone mass more effectively** than either one alone.

So, vorinostat "opens the book," and teriparatide "reads the instructions to build bone."

SOURCES:

Test E, HGH, ARIMIDEX/AROMASIN, HCG, T3&T4, NOLVADEX:

[Telegramhttps://t.me/SigmaAudley\(SSA\)](https://t.me/SigmaAudley(SSA))

(Their pricing spreadsheet, contact info, labs, etc.)

<https://tinyurl.com/ssapricing>

(This source is by far the best for price and quality, everything is 3rd party tested by janoshik. HGH is always 97%+ purity with a price of just 50 cents per IU. It's very gatekept in this community, with users such as sikkunt, loox, Nocturnalkent, Pablo, etc. sourcing from here. I guarantee you won't find a source cheaper with better quality compounds than this.)

VORINOSTAT:

[Zolinza Vorinostat Capsules - IndiaMART Export](#)

TERIPARATIDE:

<https://www.onlinegenericmedicine.com/zotide-injection-teriparatide>

NON KYC CRYPTO EXCHANGE SITE

[Trocador.app](https://trocador.app)

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